

Candidate Name: Caroline Chaloner

Nomination Position: ME APTA Pediatric SIG – Secretary

Degrees Earned & Certifications:

Bachelors in Exercise Physiology, University of Southern Maine (May 2011)

Doctor of Physical Therapy, Duke University (May 2014)

Board Certification in Pediatric Physical Therapy, ABPTS (June 2023)

Neonatal Touch and Massage Certification, Creative Therapy Consultants (January 2022)

Care of the Extremely Low Birth Weight Infant Certification, NCC (June 2022)

EXPERIENCE:

Clinical/Research/Teaching:

Currently practicing in the NICU and CCN at MaineHealth Maine Medical Center Portland with previous experience in general pediatric acute care, PICU, and pediatric hematology/oncology including bone marrow transplant

Primary physical therapist in the MaineHealth Neurology Muscular Dystrophy Clinic

Primary physical therapist in the MaineHealth Pediatric Pulmonology Cystic Fibrosis Clinic

Engaged in research and quality improvement around pelvic floor dysfunction in pediatric patients with cystic fibrosis as well as positioning in the NICU

Several poster presentations and speaking engagements at the North American Cystic Fibrosis

Conference with attendance from 2017-2024

Current Employment:

MaineHealth Maine Medical Center Portland – Lead Physical Therapist

Professional Contributions: Please see attached CV

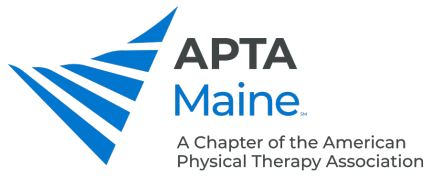
Professional Awards: N/A

APTA Service History:

Currently serving as the secretary for the Maine APTA Pediatric SIG

Please explain how your experience and expertise could be utilized in the nomination position applied for to further the objectives of the Chapter:

I have 10 years of clinical practice in acute care pediatrics as a physical therapist as well as my board certification in specialty practice for pediatric physical therapy. I am meticulous and organized and am currently serving in the position for which I am applying. My experience practicing in this state for the past 9 years and my clinical connections are well suited to working collaboratively with other pediatric physical therapists in Maine.



**Maine Chapter, APTA
Call for Nominations**

Explain your perceptions regarding the direction the Chapter should take in the future and how your goals for the nominated position will affect this change:

The Maine APTA Pediatric SIG is actively seeking to progress the field of pediatric physical therapy in this state and provide opportunities for professional education and collaboration. My goals for remaining on the board of this SIG are to assist in promoting our practice and to facilitate increased communication between inpatient acute therapists and community therapists.

Modified by ck for website purposes

Caroline Chaloner, PT, DPT, PCS, NTMTC, C-ELBW

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Professional History

Maine Medical Center – Lead Physical Therapist

August 2015 – Present

- Evaluation, assessment, treatment, and plan of care for adult and pediatric patients in a 700-bed acute care level 1 trauma center.
- Core physical therapist from 2015 – 2019, initially on a split rotation between adult oncology and pediatrics, with completion of clinical ladder work for advancement to lead physical therapist in November 2019.
- Primary physical therapist in the Neonatal Intensive Care Unit (Level III) and Continuing Care Nursery since January 2018.
 - Vermont Oxford Network – Protected Sleep & Cue-Based Cares workgroup.
 - Evaluation and modification of cycled lighting and positioning devices policies.
 - Assisting with orientation of new PT and OT staff to the NICU setting.
- Coverage of general inpatient pediatrics and Pediatric Intensive Care Unit on a rotating basis.
- Outpatient consultation and service coordination for the Maine Medical Partners Pediatric Neurology MDA Clinic and Pediatric Specialty Care Cystic Fibrosis Clinic.
- Routine involvement in the Orthopedic Surgery total joint post-op day 0 mobilization initiative.
- Charge therapist for weekend and holiday coverage, including therapist caseload organization.
- Participation in the department’s EBP journal club, including small group preliminary literature review and leading large group discussion.
- Facilitator of the Physical Therapy Discipline Specific monthly meeting (2017 – 2019).
- Participation in the Employee Engagement Committee, PT/OT Rotations Committee, Adult Cystic Fibrosis Protocol Workgroup, Bariatric Workgroup, Patient Handoff Documentation Workgroup, Interim Documentation Workgroup, and Prime Time PTO Committee.
- APTA Certified Clinical Instructor to a PT student for a final 10-week clinical rotation in the adult oncology setting (2016).

Nationwide Children’s Hospital – Staff Inpatient Physical Therapist

August 2014 – August 2015

- Evaluation, assessment, treatment, and plan of care for pediatric patients in a 427-bed level 1 trauma center.
- Primary physical therapist working with the hematology/oncology population.
 - Involvement in clinical outcome group defining best practice in PT treatment of patients with acute lymphoblastic leukemia.
 - Development of a post-operative treatment protocol for patients following limb salvage surgery due to solid bone tumors.
 - Facilitation of improved communication with physicians for earlier intervention in the setting of chemotherapy-induced peripheral neuropathy
 - Individualized intervention and plan of care for all patients undergoing stem cell transplants.
 - Consultation, including evaluation and treatment, in the outpatient hematology/oncology clinic and infusion center.

Education

Doctor of Physical Therapy

Duke University School of Medicine, Durham, NC

May 2014

Bachelor of Science, Exercise Science

University of Southern Maine, Gorham, ME

May 2011

Professional Society Memberships

- American Physical Therapy Association (Pediatric Section member)
- Maine Physical Therapy Association
- National Association of Neonatal Therapists

References available upon request.

Professional Development

- Maine APTA Pediatric Special Interest Group Board Member – Secretary (November 2022 – present)
- Physical Therapist Representative on the Guidelines Steering Committee for the Cystic Fibrosis Foundation (October 2020 – Present)
- Physical Therapist Mentor for the Cystic Fibrosis Foundation PT Mentoring Program (2022, 2023)
- North American Cystic Fibrosis Conference (2017, 2019, 2020, 2021, 2022, 2023, 2024)
- APTA Combined Sections Meeting (2013, 2014, 2020, 2021)
- Maine APTA Fall Conference (2019)

Research Experience/Presentations

- North American Cystic Fibrosis Conference Poster Presentation (September 2024): “Use of A Multidisciplinary Screening Algorithm for Management of Urinary Incontinence and Constipation in the Pediatric CF Clinic”
- North American Cystic Fibrosis Conference Discussion Group (September 2024): “Pelvic Floor Dysfunction Across the Lifespan in Patients with Cystic Fibrosis:
- North American Cystic Fibrosis Conference Lunch & Learn Invited Speaker (November 2023): “Exercise for Promoting Bone Health in Cystic Fibrosis”
- North American Cystic Fibrosis Conference Workshop Moderator (November 2023): “Updates in PT/RT”
- North American Cystic Fibrosis Conference Round Table Facilitator (November 2022): “Beware of the Bump: ACT & Safe Exercise During Pregnancy”
- Cystic Fibrosis Foundation Physical Therapist Mentoring In-Service Series (February 2023): “Considerations for PT – Pelvic Health: Pregnancy and Postpartum Care”
- Cystic Fibrosis Foundation Physical Therapist Mentoring In-Service Series (February 2022): “Cystic Fibrosis Evaluation in Acute Care”
- MaineHealth Costas T. Lambrew Research Retreat Poster Presentation (May 2022): “The Shifting Role and Expectations of Physical Therapy in the Pediatric Cystic Fibrosis Clinic During a Global Pandemic”
- North American Cystic Fibrosis Conference Poster Presentation (November 2019): “Restructuring of Pediatric Clinic to Improve Experience of Care and Focus on Care Partnering”
- Maine American Physical Physical Therapy Association Fall Conference (September 2019): “Breathing Mechanics and Postural Control in Cystic Fibrosis: A Case Presentation”
- APTA Combined Sections Meeting Poster Presentation (February 2014): “An Assessment and Analysis of Current Trends in the Care of Individuals with Spina Bifida During the Transition from Childhood to Adulthood and the Role of Physical Therapy”

Continuing Education

- “Neonatal Touch and Massage Recertification” – Creative Therapy Consultants (August 2024)
- “Pelvic Health for the Pediatric and Adolescent Patient” – Children’s Hospital Colorado (May 2024)
- “Advanced Clinical Practice in Pediatric Physical Therapy” – APTA Academy of Pediatric PT (September 2022)
- “Small Baby Care Specialist® Program” – Engage Grow Thrive (April 2022)
- “STEP-In SMA: Foundations for Physical Therapists” – Columbia University (March 2022)
- “Neonatal Touch & Massage Certification” – Creative Therapy Consultants (January 2022)
- “Topics in Pediatric Physical Therapy” – Children’s Hospital of Philadelphia (November 2021)
- “Baby Beats & Breaths” – Holly Schifsky, OTR/L, CNT, NTMTC, CBIS (April 2021)
- “If You Can’t Breathe, You Can’t Function – Patricia West-Low, PT, MA, DPT, PCS (March 2019)
- “Pediatric Orthopedic Update for Physical and Occupational Therapists” – Shriners Hospitals for Children (November 2018)
- “Infants Born Preterm: Identifying and Addressing Their Special Needs in Early Infancy to Support Development” – Jan McElroy, PhD, PT, PCS, C/NDPT (June 2018)
- “Functional Strengthening in Children” – Maria Fragala-Pinkham, PT, DPT, MS and Maggie O’Neil, PT, PhD, MPH (March 2015)

Licensure & Certifications

- Maine Physical Therapist License PT 4558 (August 2015 – Present)
- ABPTS Certified Pediatric Clinical Specialist (July 2023 – July 2033)
- Care of the Extremely Low Birth Weight Infant Certification – NCC (June 2022)
- Small Baby Care Specialist® – Engage Grow Thrive (April 2022)
- Neonatal Touch & Massage Therapist Certification (January 2022)
- CPR & BLS for Healthcare Providers – American Heart Association (May 2014 – May 2026)
- Certified Aspen Cervicothoracic, Thoracolumbar and Lumbosacral Spinal Orthoses Fitter (June 2016)
- APTA Certified Clinical Instructor (March 2016)