

**Candidate Name:** Kyle Charles DeLiberty

**Nomination Position:** Chief Delegate

**Degrees Earned & Certifications:**

B.S. in Athletic Training – University of Delaware (2019)

DPT – Washington University in St. Louis (2022)

2023 - cert. DN through AAMT

2024 - APTA CCIP Level 1-2

BLS CPR/AED certified

**EXPERIENCE:**

**Clinical/Research/Teaching:** see employment details below and attached resume/CV

**Current Employment:** full-time staff PT at Saco Bay Orthopedic and Sports Physical Therapy in Old Town, ME; also serve as part-time / PRN ATC at Husson University and John Bapst HS

**Professional Contributions:** none

**Professional Awards:** none

**APTA Service History:** attended CSM in Boston, MA in 2024; attended board meetings for ME APTA when available since graduating in 2022

**Please explain how your experience and expertise could be utilized in the nomination position applied for to further the objectives of the Chapter:**

Admittedly, I haven't contributed much to the profession over the last two years since I graduated PT school. I was previously involved in research activities and self-selected into a course during my final semester that focused on legal/ethical issues in the profession and included simulated HOD events. I am familiar with the process and have a general understanding of what this position requires, and I am very eager to give back to the profession through service and advocacy going forward.

**Explain your perceptions regarding the direction the Chapter should take in the future and how your goals for the nominated position will affect this change:**

My wife and I moved to Maine because we love this state and the people who live here. We are both AT/PTs and are constantly looking for ways to involve ourselves to improve access for patients and improve the quality of care delivered. Since moving here in 2022, I have noticed that there is ambiguity amongst patients as to what physical therapy is in the context of other allied healthcare professions

such as occupational therapy, chiropractic, osteopathic medicine, and massage therapy. This is something I have not seen before across multiple clinical experiences in a variety of settings across the country. I am hoping to contribute in any way possible to raise awareness as to what physical therapists do, where they practice, and how they can be useful in the context of healthcare. Another major direction that I think the Chapter should take is improving the practice act to clarify continuing education standards and changing the language to better explain standards related to dry needling and spinal manipulation in outpatient settings. Maine remains the only state that does not have continuing education requirements in place for PT, which proves to be extremely detrimental for patient care. I see and hear about too many providers who continue to utilize outdated practices that are no longer evidence based. These interactions fail on two fronts: patients usually don't get better, and the resultant negative perceptions based on experience with physical therapy hurt the profession. Improving educational standards will improve outcomes and several fronts and has to continue to be one of the primary directives of this Chapter in the immediate future.

*Modified by ck for website purposes*

# Kyle DeLiberty

401 Burleigh Rd, Bangor, ME 04401 • October 13, 1996 • 2074043530 • kyleball17@gmail.com

## Education

- Washington University in St. Louis (WUSTL) [08/13/2019 - 05/20/2022]
  - St. Louis, MO 63130
    - Doctor of Physical Therapy
- University of Delaware (UD) [09/01/2015 - 06/01/2019]
  - Newark, DE 19717
    - Honors B.S. in Athletic Training with Distinction

## Work Experience

- Staff Physical Therapist, Saco Bay Orthopedic and Sports Physical Therapy [10/02/2023 - present]
- Part-Time Athletic Trainer, Husson University [08/02/2023 - present]
- Staff Physical Therapist, Performance Physical Therapy and Sports Rehab [06/13/2022 - 09/23/2023]

## Clinical Experience

- Student Physical Therapist, Professional Therapy Associates [09/27/2021 - 12/17/2021]
- Student Physical Therapist, Portneuf Medical Center [07/12/2021 - 09/17/2021]
- Student Physical Therapist, SSM Health Physical Therapy [01/04/2021 - 02/26/2021]
- PRN Athletic Trainer, Athletico Physical Therapy [08/27/2019 - 03/10/2020]
- Student Physical Therapist, WUSTL Physical Therapy [11/2020 - 12/2020]
- Student Athletic Trainer, UD Department of Intercollegiate Athletics and Recreation Services [09/01/2015 - 06/01/2019]
- Student Athletic Trainer, Wilmington University [04/08/2019 - 05/20/2019]
- Student Athletic Trainer, Nemours / AI DuPont Children's Hospital [02/11/2019 - 04/05/2019]
- Student Athletic Trainer, Christiana Care PT PLUS [08/28/2018 - 12/07/2018]
- Student Athletic Trainer, Newark 24/7 Urgent Care Center [08/30/2018 - 10/11/2018]
- Student Aide, UD Physical Therapy Clinic [05/17/2018 - 07/25/2018]
- Student Athletic Trainer, Newark Charter School [08/14/2017 - 12/08/2017]

## Memberships, Licensures, and Certifications

- AAMT Certification in Dry Needing
- APTA Credentialed CI Level I and II
- AHA Basic Life Support Provider
- National Athletic Trainers' Association Member #94040
- American Physical Therapy Association Member #865957
- Maine Licensed Athletic Trainer (AT878)
- Maine Licensed Physical Therapist (PT6173)

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## Research Experience

- Research Assistant, WUSTL Program in Physical Therapy and Movement Science [01/06/2020 - Present]
- Research Assistant, UDPT *Muscle & Tendon Performance Lab* [01/12/2018 - 06/01/2019]

## Publications and Presentations

- Senior Thesis Defense Presentation (05/06/2019)
  - *Analyzing the Utility of Tendon Mechanical Properties and Their Relationship with Clinical Outcome Measures for Patellar Tendinopathy*
- Eastern Athletic Trainers' Association Convention (01/11/2019 - 01/14/2019)
  - *Lower Extremity Function May Be Used as a Surrogate Measure of Tendon Mechanical Properties in Patients with Unilateral Patellar Tendinopathy*

## Honors and Awards

- Free Communications Undergraduate Oral Presentation Winner, Eastern Athletic Trainers' Association Convention [2019]
- Research Fellowship, Delaware INBRE Summer Scholars Program [2018]

## Extracurricular Engagement

- UD Resident Assistant [08/2017 - 06/2019]
- People to People International Student Ambassador & Leadership Programs
  - National Delegate, New Zealand [2014]
  - County Delegate, Australia [2012]

## Professional References

- Linda Van Dillen, PT, PhD, FAPTA
  - Professor, Washington University in St. Louis Department of Physical Therapy
  - Email: [vandilleni@wustl.edu](mailto:vandilleni@wustl.edu)
  - Phone: 314-286-1427
- Payson Nichols, DPT
  - Physical Therapist, Saco Bay Orthopedic and Sports Physical Therapy
  - Email: [pwnichols@sacobaypt.com](mailto:pwnichols@sacobaypt.com)
  - Phone: 207-299-2289
- Steve Merrill, PT
  - Physical Therapist, Portneuf Medical Center
  - Email: [steve.merrill@portmed.org](mailto:steve.merrill@portmed.org)
  - Phone: 208-244-1492