

2024 Election:

Candidate Name: Marissa Lyon

Nomination Position: President

Degrees Earned & Certifications:

Doctor of Philosophy; Texas Woman's University; Houston, Texas; Physical Therapy, Emphasis: Neurology; December 2020

Doctor of Physical Therapy; Texas Woman's University; Houston, Texas; May 2012

Bachelor of Science Education; Baylor University; Waco, Texas; May 2009

American Physical Therapy Association; American Board of Physical Therapy Specialties; Board Certified Neurologic Specialist; 2018 to present

EXPERIENCE:

Clinical/Research/Teaching:

Clinical:

Physical Therapist, PRN
Rehab Without Walls
(2023)

Physical Therapist, PRN
Saco Bay Physical Therapy
(2021-2022)

Physical Therapist I
The Institute for Rehabilitation and Research, Memorial Hermann
(2012 to 2019)

Teaching:

Assistant Professor, Tenure Track
Advanced Neurologic Elective, PT Management of Adults with Disorders of the Neuromuscular, Pathology and Medical Management of Neuromuscular Disorders
University of New England, Department of Physical Therapy
Portland, Maine
(2019 to present)

Research:

Recent Publications

Espy, D, **Lyon, MF**. Dosing Balance Training for Older Adults. Topics in Geriatric Rehabilitation. In Press, November 2024.

Lyon MF, Mitchell K, Medley A, Roddey T, Gleeson P. Impact of standardized balance measurement of physical therapist decision-making in acquired brain injury: a survey. Physiother Theor Pract. 2022. doi:10.1080/09593985.2022.2040067

Lyon MF, Mitchell K, Roddey T, Medley A, Gleeson P. Keeping it all in balance: a qualitative analysis of the role of balance outcome measurement in physical therapist decision-making and patient outcomes. Disability and Rehabilitation. January 2022. doi:10.1080/09638288.2022.2118872

Current Employment:

University of New England, Westbrook College of Health Professions, Department of Physical Therapy

Professional Contributions:

My education, research, and clinical work is focused on optimizing the rehabilitative care for those with neurological injuries and issues with imbalance. One of my most recent contributions in this area have been in successfully preparing students to provide contemporary care in the settings where they are eventually employed. I am also leading two major research projects focused on improving the understanding of how physical therapists think about, make decisions, and prescribe balance exercises. I have been selected to presents results related to this work at CSM, ANPT annual conference, World Falls Congress, and the Australian and New Zealand Health Educators Conference.

Professional Awards:

2022 Distinguished Teaching Award for Graduate Teaching Excellence

APTA Service History:

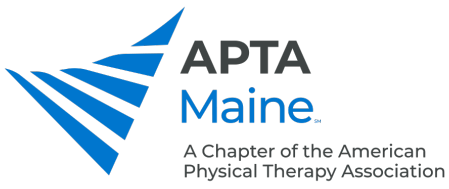
Nominating Committee, Balance & Falls SIG, Academy of Neurologic Physical Therapy, 2022-present
Chief Delegate, Maine, APTA House of Delegates, 2022-2024

Please explain how your experience and expertise could be utilized in the nomination position applied for to further the objectives of the Chapter:

I have served one election cycle as the Chief Delegate for the House of Delegates. In that role, I have participated in discussion of and voting on the House Motions in 2023 and 2024. I sought input from the constituents, the membership of the Maine APTA and the board of the Maine APTA. I was able to collaborate with the delegations from other chapters to further the aims of the Maine APTA and the needs of the Maine constituents.

Explain your perceptions regarding the direction the Chapter should take in the future and how your goals for the nominated position will affect this change:

As our primary issue in the previous few years has been a lack of engagement, that is the primary issue that we should be focused on in the next 5 years. This includes a comprehensive strategy to increase the percentage of physical therapists who are members closer to the national average of 33%. Additionally, we should aim to increase the number of members who engage in a meaningful way with the APTA through attending continuing education, conference, social events, and contributing time in volunteering and advocacy. Finally, we should aim to increase the level of participation of membership



Maine Chapter, APTA Call for Nominations

in leadership, committees, and SIGs. We are lucky to have support from the national office toward this goal. This will take participation of all involved in the board, SIGs, and supporting committees.

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